





# Arlene's April 2026 K-8 Breakfast Menu

<i>Carbs listed for each item in blue font</i>		<p>1</p> <p><b>NO SCHOOL</b></p> <p><b>SPRING</b></p>	<p>2</p> <p><b>NO SCHOOL</b></p> <p><b>BREAK</b></p>	<p>3</p> 
<p>6</p> <p>Banana/Choc Oatmeal Round (2wg) <b>39</b></p> <p>Applesauce (1/2c) <b>11</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>7</p> <p>Blueberry Muffin Top (1wg) <b>30</b></p> <p>Craisins (1/2c) <b>34</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>8</p> <p>Cinnamon Bun (2wg) <b>34</b></p> <p>Apple (1/2c) <b>25</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>9</p> <p>Banana Bread (2wg) <b>43</b></p> <p>Craisins (1/2c) <b>34</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>10</p> <p>Super Breakfast Ring (1g) <b>27</b></p> <p>Applesauce (1/2c) <b>11</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>
<p>13</p> <p>Nutri-Grain Bar (1wg) <b>30</b></p> <p>Applesauce (1/2c) <b>11</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>14</p> <p>Strawberry Pop Tart (1wg) <b>38</b></p> <p>Craisins (1/2c) <b>34</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>15</p> <p>Cinnamon Bun (2wg) <b>34</b></p> <p>Applesauce (1/2c) <b>11</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>16</p> <p>Blueberry Muffin (2wg) <b>36</b></p> <p>Apple (1/2c) <b>25</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>17</p> <p>Cinnamon Pull Apart Bagel (2wg) <b>42</b></p> <p>Applesauce (1/2c) <b>11</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>
<p>20</p> <p>Apple/Cinnamon Oatmeal Round (2wg) <b>39</b></p> <p>Applesauce (1/2c) <b>11</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>21</p> <p>Chocolate Muffin Top (1wg) <b>30</b></p> <p>Craisins (1/2c) <b>34</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>22</p> <p>Cinnamon Bun (2wg) <b>34</b></p> <p>Apple (1/2c) <b>25</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>23</p> <p>Chocolate Bread (2wg) <b>43</b></p> <p>Craisins (1/2c) <b>34</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>24</p> <p>Super Breakfast Ring (1g) <b>27</b></p> <p>Applesauce (1/2c) <b>11</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>
<p>27</p> <p>Cereal Bar (1wg) <b>30</b></p> <p>Applesauce (1/2c) <b>11</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>28</p> <p>Super Breakfast Ring (1g) <b>27</b></p> <p>Craisins (1/2c) <b>34</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>29</p> <p>Cinnamon Bun (2wg) <b>34</b></p> <p>Apple (1/2c) <b>25</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	<p>30</p> <p>Blueberry Muffin (2wg) <b>36</b></p> <p>Craisins (1/2c) <b>34</b></p> <p>Juice (1/2c) <b>14</b></p> <p>Choc/White Milk (1c) <b>19/13</b></p>	

MENU SUBJECT TO CHANGE  
 MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP  
 NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME  
 USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER