



# Arlene's January 2026 K-8 Lunch Menu

<p>5 <b>Chicken Tenders</b> WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>6 <b>Meatballs &amp; Mashed Potatoes</b> Meatballs (6 = 2m) 13 Mashed Potatoes (3/4c) 24 Beef Gravy 4 WG Roll (1wg) 16 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>7 <b>Teriyaki Chicken w Rice</b> Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>8 <b>Spaghetti &amp; Meatballs</b> Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>9 <b>Turkey Pepperoni Pizza</b> Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>12 <b>Chicken Patty on WG Bun</b> WG Chicken Patty (2m/1wg) 13 WG Bun (1.75wg) 25 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Craisins (1/2c) 28 Choc/White Milk (1c) 19/13</p>	<p>13 <b>Taco Tuesday</b> Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Cantaloupe (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>14 <b>Pancakes &amp; Sausage</b> Turkey-Sausage Links (2 = 2m) 1 Eggo Pancakes (2 = 2wg) 30 Syrup Cup 29 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>15 <b>Chicken Pasta Alfredo</b> Penne Pasta (1/4g) 30 Grill Chicken Strips (3oz= 2m) 19 Alfredo Sauce 6 WG Roll (1wg) 16 Broccoli (3/4c) 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>16 <b>Bosco Sticks</b> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>
<p>19 <b>Martin Luther King Jr. Day</b>  <b>No School</b></p>	<p>20 <b>Teacher Professional Development Day</b>  <b>No School</b></p>	<p>21 <b>Orange Chicken w Rice</b> Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>22 <b>Meatball Sub</b> Meatballs (6 = 2m) 8 Marinara (1/4c) 6 WG bun (1.5wg) 21 Carrot Sticks (1/2c) 0 Graham Crackers (0.5wg) 11 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>23 <b>Turkey Pepperoni Pizza</b> Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Bear Cracker (1wg) 21 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>26 <b>Chicken Chili Taquito</b> Chicken Taquito (1=2m,2wg) 24 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>27 <b>Taco Tuesday</b> Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>28 <b>Chicken Corn Dog</b> Chicken Corn Dog (2m/1wg) 13 Goldfish Pretzels (1wg) 16 Broccoli (3/4c) 5 Apple Crisps (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>29 <b>Chicken Pasta Alfredo</b> Penne Pasta (1/4g) 30 Grill Chicken Strips (3oz= 2m) 19 Alfredo Sauce 6 WG Roll (1wg) 16 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>30 <b>Bosco Sticks</b> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13</p>
			<p><i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily.</i></p>	<p><i>Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.</i></p>

MENU SUBJECT TO CHANGE  
MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP  
NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME  
USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER