



Health & Wellness Plan



Imagine Great Western Academy
2025-2026



Goals

Maintaining the social worker, school counselors, nurses, and community specialists to better address the diverse needs of students during school hours. In addition to personnel, the initiatives highlight the importance of ensuring access to essential resources and curriculum, which are vital for students' well-being.

Finally, the initiatives emphasize the development of students' skills necessary to navigate challenges in both school and community environments. This will be partnered with training for teachers to best meet the wellness needs of their students.

Partners in Planning & Resources

Each school must partner with at least two organizations that fall into the following categories:

- ☐ Local board of alcohol, drug addiction, and mental health services*
- ☒ Community mental health prevention or treatment provider* (**NYAP- National Youth Advocacy Program**)
- ☐ Educational service center
- ☐ County board of developmental disabilities
- ☐ Board of health of a city or general health district
- ☐ County department of job and family services
- ☒ Nonprofit organization with experience serving children (**Boundless**)
- ☐ Public hospital agency

*- 1 of the 2 partnerships must be from one of the astericked areas



Initiative Breakdown

Initiative #1- School Counselors

Initiative #2- School Nurse

Initiative #3- Health Teacher

Initiative #4- Social Worker

Initiative #5- SEL Teacher

Initiative #6- Boundless Support

Initiative #7- Health & Wellness Curriculum

Initiative #8- SEL Supplies & Resources

Initiative #9- Nursing Supplies

Initiative #10- Professional Development

Health & Wellness Student Support Team



School Counselors

Three School Counselors provide a variety of mental health supports, safety plans, counseling, extended services



Social Worker

Providing support in the areas of attendance, transportation and connecting families with community resources; also supporting homeless families



School Nurse

Providing medical care on site for the physical & mental health needs of students & families; vision & hearing screenings



SEL & Health Teachers

Providing regular instruction for students in grades K-8 on a variety of health & wellness topics

Curriculum Resources & Supplies

Curriculums:

- **Health Curriculum**
- **Character Strong**
 - **MTSS Tiered Supports**
 - **Student Behaviors**
 - **Chronic Absenteeism**
 - **Mental Health**

Supplies:

- **Nursing Supplies**
- **SEL Supplies**
 - **Resources for Counselors**
 - **Resources for Classrooms**
- **Resources & Supplies for Families Experiencing Homelessness**

Extended Wellness Initiative Supports

Professional Development:

- Character Strong
- Southeast Conference on School Culture & Climate
 - Mental Health
 - Restorative Practices
 - PBIS
 - Cultural Responsiveness

Boundless Behavior Support:

- Registered Behavior Technicians on-site to provide one-on-one support to students
- Licensed Board Certified Behavior Analyst on site support
- Tiered Behavior Supports
- Supports families that do not have access to insurance